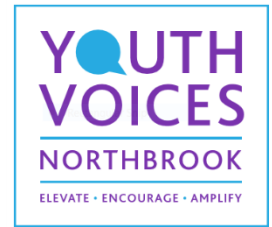




## NORTHBROOK YOUTH COMMISSION

NORTHBROOK VILLAGE HALL, 1225 CEDAR LANE  
FEBRUARY 20, 2019 7:00 PM, TERRACE ROOM



### MEETING AGENDA

- I. Call to Order
- II. Approval of January 23, 2019 Meeting Minutes
- III. Hear from the Audience
- IV. Review of Academic Wellness Forum
  - Strengths
  - Opportunities for Improvement
- V. Planning/Discussion/Action Items
  - Wellness Series: Part 2 – “Mindfulness”
    - Mr. Justin Weiner (GBN)
    - Rachel Bunn (Family Institute of Northwestern) - 8pm Call-In
    - Other?
  - Wellness Series: Part 3 – “Relationships”
    - Donna Baptiste (Family Institute of Northwestern)
    - Youth Services of Glenview Northbrook?
    - Other?
- VI. Promotional Plans
  - Flyers
  - Sign
  - School Clubs
  - Other?
- VII. General Discussion
  - School News
  - Community News
- VIII. Next Meeting: Wednesday, March 20, 2019
- IX. Adjournment

**Carla Slawson-Martens, Chairman**

*Please contact Madeline Farrell, Staff Liaison, if you cannot attend this meeting at 847-664-4017 or by e-mail: [madeline.farrell@northbrook.il.us](mailto:madeline.farrell@northbrook.il.us)*

**The Village of Northbrook is subject to the requirements of the Americans with Disabilities Act of 1990. Individuals with disabilities who plan to attend this meeting and who require certain accommodations in order to allow them to observe and/or participate in this meeting, or who have questions regarding the accessibility of this meeting or the facilities, are requested to contact Greg Van Dahm or Debbie Ford (847-272-5050, ext. 4014 or 4013, respectively) promptly to allow the Village of Northbrook to make reasonable accommodations for those persons. Hearing impaired individuals may call the TDD number, 847-564-8645, for more information.**